



Sinhgad Institutes

SINHGAD TECHNICAL EDUCATION SOCIETY'S  
NBN SINHGAD TECHNICAL INSTITUTES CAMPUS,  
AMBEGAON, PUNE-41  
NATIONAL SERVICE SCHEME (NSS)



**NOTICE**

Date: 12/02/2019

This is to inform all the students of Engineering that NSS-NBNSTIC has organized "Health and Fitness Awareness". The program is scheduled on Thursday, 14<sup>th</sup> February, 2019 at 12:30 pm onwards.

**Venue:** IT Seminar Hall



  
Prof. Y.P. Gawale

**NSS Program Officer**  
Programme Officer  
National Service Scheme(NSS)  
NBN Sinhgad Technical Institutes  
Campus, Ambegaon(Bk.), Pune-41.



Sinhgad Institutes

**SINHGAD TECHNICAL EDUCATION SOCIETY'S  
NBN SINHGAD TECHNICAL INSTITUTES CAMPUS,  
AMBEGAON, PUNE-41  
NATIONAL SERVICE SCHEME (NSS)**



**EVENT REPORT**

**Date: 14/02/2019**

**NAME OF EVENT: - Health & Fitness Awareness Seminar.**

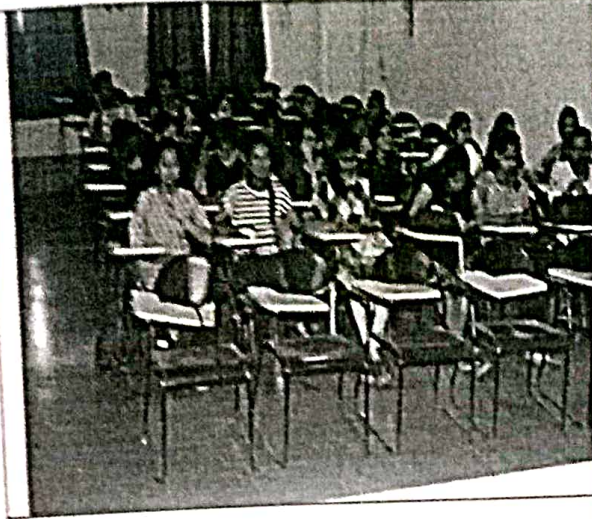
**STAFF COORDINATOR: - Prof. Y. P. Gawale, Prof. T. A. Paigude**

**STUDENT COORDINATORS: - Tushar Parekar, Mrunal Kale, Leena More**

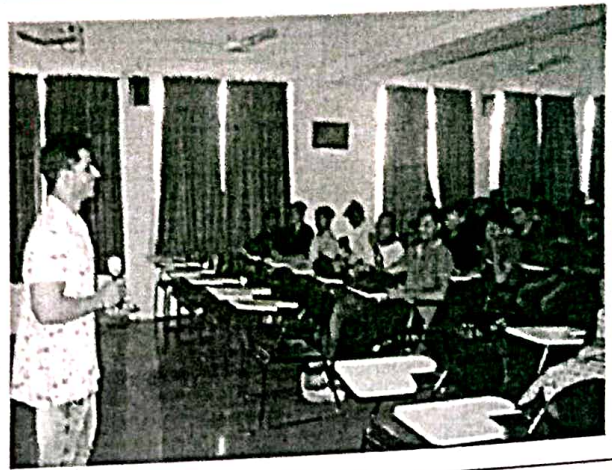
NSS-NBNSTIC organized a Student Interaction Program and a seminar on “**Health & Fitness Awareness Seminar**” by Mr. Mayur Kolki (Gym Trainer) & Omesh Satbhai (Yoga Trainer) under National Service Scheme (NSS). The event started at 12:30 pm on Thursday, 14 Feb. 2019. He guided us on Health & Fitness Awareness. The event was concluded at 03:30 pm.

The event was organized at seminar Hall – sixth floor. The total number of volunteers was 83.

# Health & Fitness Awareness Seminar



Awareness about Fitness & Health




Guidance by Mr. Mayur Kolki



Guidance by Mr. Omesh Satbhai




Students Attending the Session

  
Prof. Y.P. Gawale

NSS Program Officer  
Programme Officer

National Service Scheme (NSS)  
NBN Sinhgad Technical Institutes  
Campus, Ambegaon(Bk.), Pune-41



  
Dr. Y. P. Reddy

Director, NBNSTIC