



SINHGAD TECHNICAL EDUCATION SOCIETY'S
NBN SINHGAD TECHNICAL INSTITUTES CAMPUS,
AMBEGAON, PUNE-41
NATIONAL SERVICE SCHEME (NSS)



NOTICE

Date: 09/12/2021

This is to inform all the students of NBN Sinhgad School of Engineering that NSS-NBNSTIC has organized "International Mountain's Day". The program is scheduled on Saturday, 11th December, 2021 at 06:00 AM onwards.

Student Coordinators:

1. Akash Maurya, Computer Department (9518930741)
2. Subhasini Priya, Computer Department (8210766067)

Venue: Taljai Tekdi, Pune.

Prof. Sumit U. Mali

NSS Program Officer: Officer
National Service Scheme(NSS)
NBN Sinhgad Technical Institutes
Campus, Ambegaon(Bk.), Pune-41.





Sinhgad Institutes

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NATIONAL SERVICE SCHEME (NSS)



EVENT REPORT

Date: 11/12/2021

NAME OF EVENT:- International Mountain's Day

STAFF COORDINATOR:- Prof. Sumit U. Mali

STUDENT COORDINATOR:- Miss. Subhasini Priya, Mr. Akash Maurya

On the auspicious occasion of International Mountain's Day, NBN Sinhgad Technical Institute Campus in collaboration with Love Care Share Foundation under Giripremi NGO had organized a fitness event for the volunteers. The event was conducted on Saturday, 11th December 2021 at Taljai Hills, Sahakar Nagar Shinde high school. The reporting time at the location was 6:30 am.

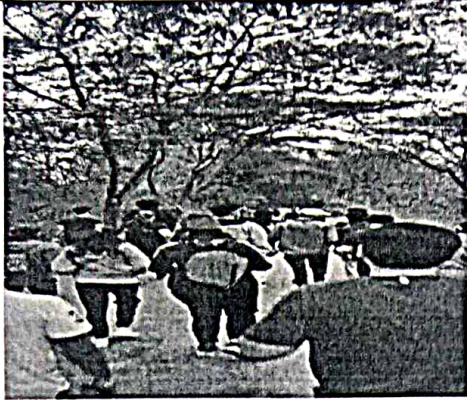
The activity started at 6:30 am with a 3km walk/run. After the completion of walk/run, Sahyadri Stotra and Parvat Puja was performed by the volunteers with great devotion. One of the veteran volunteers from the Giripremi NGO enlightened the importance of mountains and forests to everyone present there. It was indeed a very inspirational and touching speech. Subsequent to this, the volunteers were provided nutritious snacks to boost up their energy.

The volunteers returned to the informed location after they had their snacks. They were then taken to a ground where the Veervidya instructors taught Breathing Types of Body Organs. Everyone performed the exercises with great enthusiasm. Following the breathing exercises, Surya namaskar and its importance were also introduced and practiced by the volunteers. After performing the Surya namaskar, the volunteers were left with a feeling of bright refreshment.

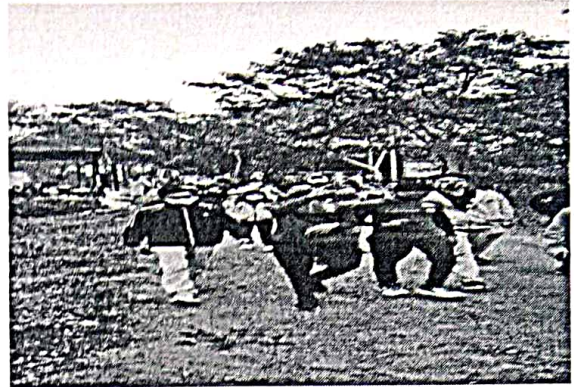
Everyone appreciated the efforts taken by the organizing team which lead them to such a knowledgeable and an unforgettable experience. The event was conducted successfully



International Mountain's Day



Walking



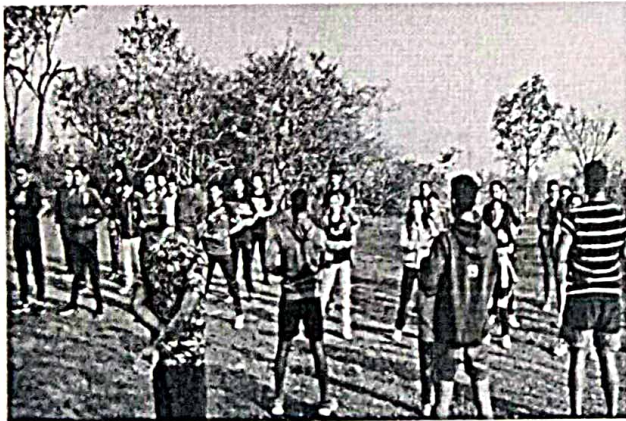
Running



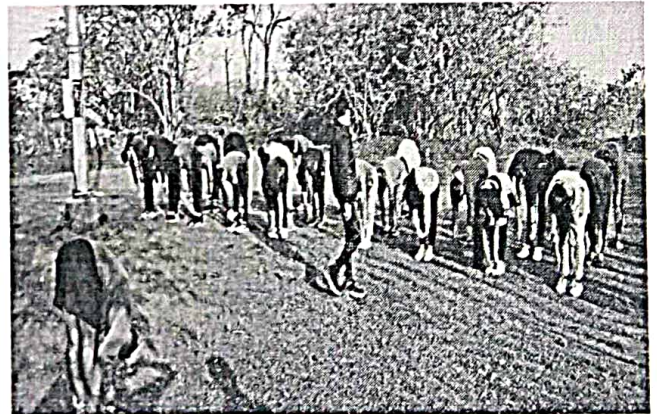
Mountain Aarti



Pledge to save mountains



Breathing Exercise



Surya Namaskar



Prof. Sumit U. Mali

NSS Programme Officer
Programme Officer

National Service Scheme(NSS)
NBN Sinhgad Technical Institutes
Campus, Ambegaon(Bk.), Pune-41.



Dr. Shivprasad P. Patil

Director, NBNSTIC
Director

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