



Sinhgad Institutes

SINHGAD TECHNICAL EDUCATION SOCIETY'S
NBN SINHGAD TECHNICAL INSTITUTES CAMPUS,
AMBEGAON, PUNE-41
NATIONAL SERVICE SCHEME (NSS)



NOTICE

Date: 20/06/2019

This is to inform all the students of NSS - NBNSTIC has organized “**International Yoga day event**” for all students and staff. The program is scheduled on **Friday, 21st June, 2019** at 9:00 am onwards.

Venue: Mechanical Department Seminar Hall

Student coordinators:

- Pranav Patil, Computer Department.(8888476293)
- Mrunal Kale, Computer Department.(8208694006)

Prof. Y. P. Gawale
NSS Programme Officer



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EVENT REPORT

Date: 22/06/2019

NAME OF EVENT: - International Yoga Day Celebration at NBNSTIC

STAFF COORDINATOR: - Prof. Y. P. Gawale

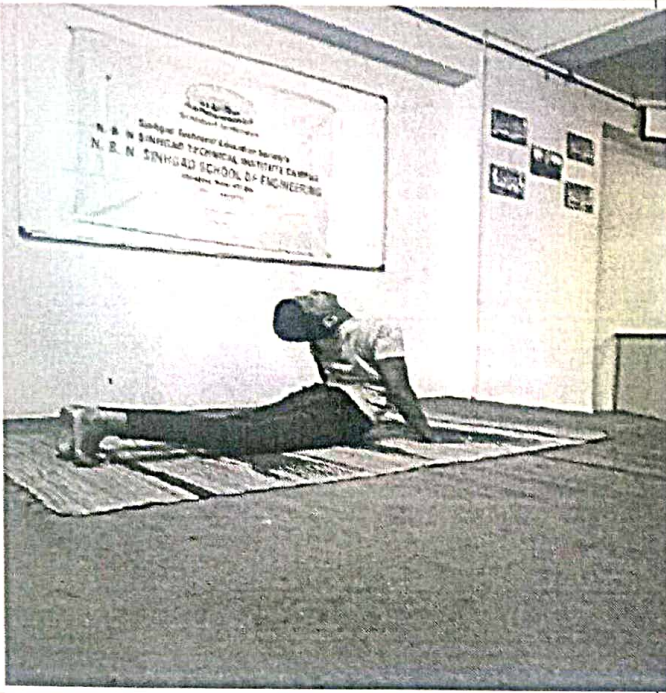
STUDENTS COORDINATOR: - Mr. Pranav Patil, Miss. Mrunal Kale

Fifth International Yoga Day was celebrated at NBNSTIC, Ambegaon (BK.) on **21st June, 2019**. The event started at 9:00 am with the prayer of Yoga in seminar hall of Mechanical department. **Mr. Akshay Somase** explained the importance of Yoga and the purpose behind celebrating this day as International Yoga Day. **Mr. Tejas Mene** (student of TE Electrical) a Yoga performer conducted the Yoga session. Around 70 students attended the session.

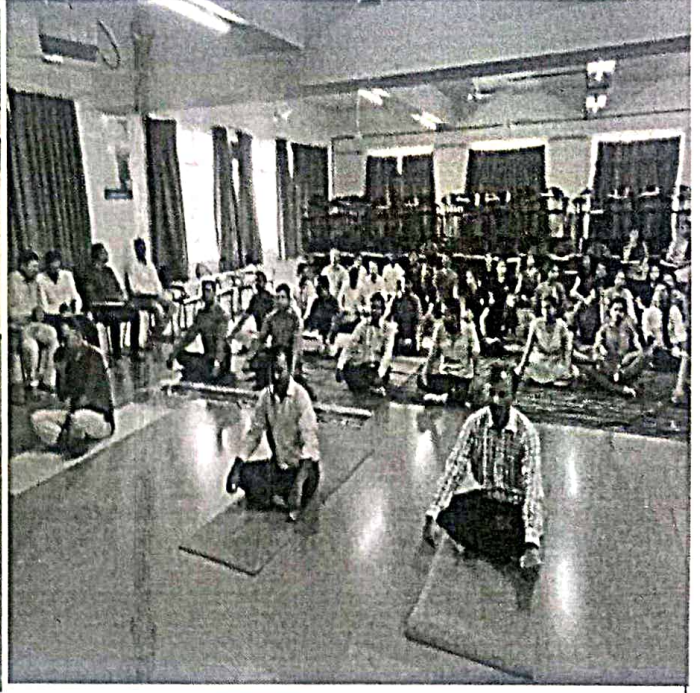
Event started with Yoga Prayer. Staff and students then performed **Surya Namaskar, Yogasanas, Pranayam** followed by **Hasya Yoga**.

Yoga session ended with Kapal bharti. Staff members of all the departments along with all NSS volunteers were present for the session.

International Yoga Day Celebration At NBNSTIC



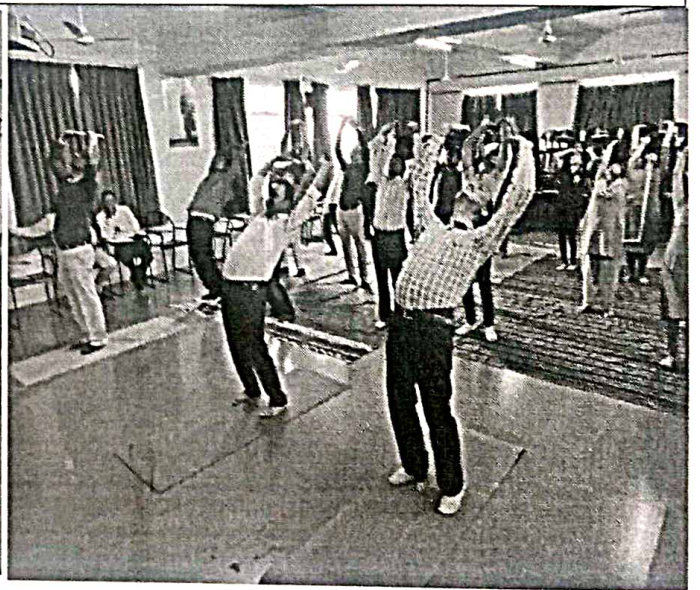
Yoga by Mr. Akshay Somase



Yoga Performers with Faculty Members



Event Highlights



Event Highlights

Prof. Y. P. Gawale
NSS Programme Officer

Dr. Y. P. Reddy
Director, NBNSTIC