



Sinhgad Institutes

SINHGAD TECHNICAL EDUCATION SOCIETY'S  
NBN SINHGAD TECHNICAL INSTITUTES CAMPUS,  
AMBEGAON, PUNE-41

NATIONAL SERVICE SCHEME (NSS)



### EVENT REPORT

Date: 22/6/2019

**NAME OF EVENT:** - International Yoga Day Celebration at NBNSTIC

**STAFF COORDINATOR:** - Prof. Y. P. Gawale

**STUDENTS COORDINATOR:** - Mr. Pranav Patil, Miss. Mrunal Kale

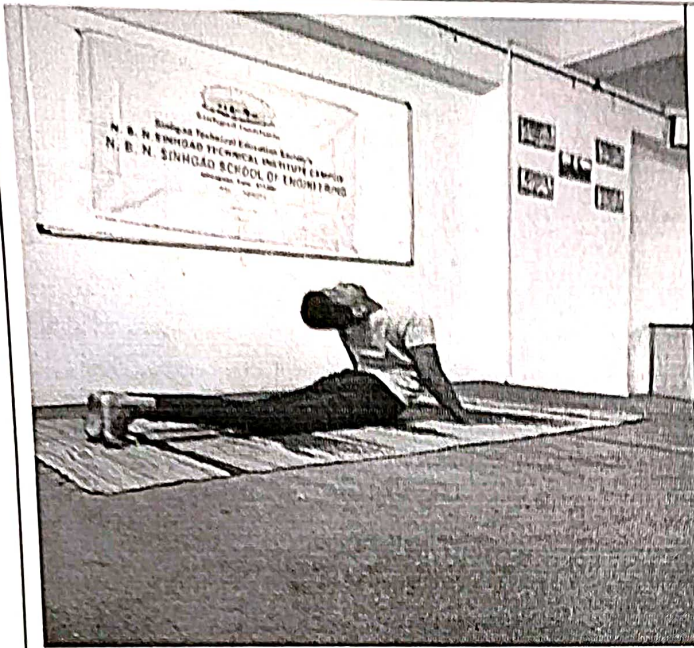
Fifth International Yoga Day was celebrated at NBNSTIC, Ambegaon (BK.) on 21<sup>st</sup> June, 2019. The event started at 9:00 am with the prayer of Yoga in seminar hall of Mechanical department. Mr. Akshay Somase explained the importance of Yoga and the purpose behind celebrating this day as International Yoga Day. Mr. Tejas Mene (student of TE Electrical) a Yoga performer conducted the Yoga session. Around 70 students attended the session.

Event started with Yoga Prayer. Staff and students then performed Surya Namaskar, Yogasanas, Pranayam followed by Hasya Yoga.

Yoga session ended with Kapal bharti. Staff members of all the departments along with all NSS volunteers were present for the session.



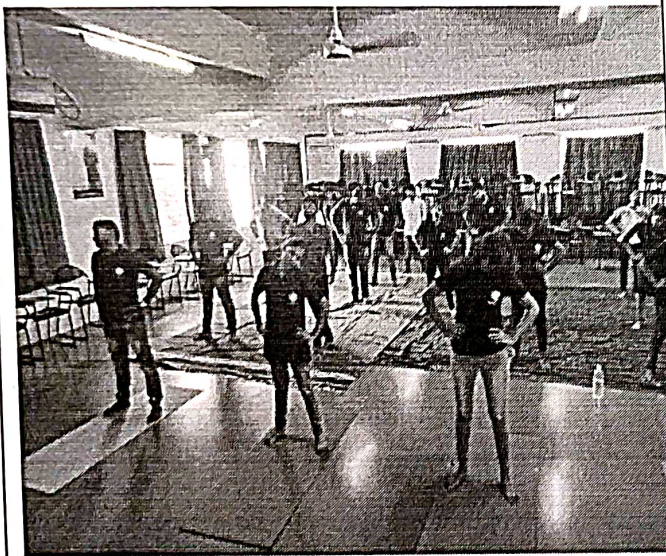
International Yoga Day Celebration At NBNSTIC



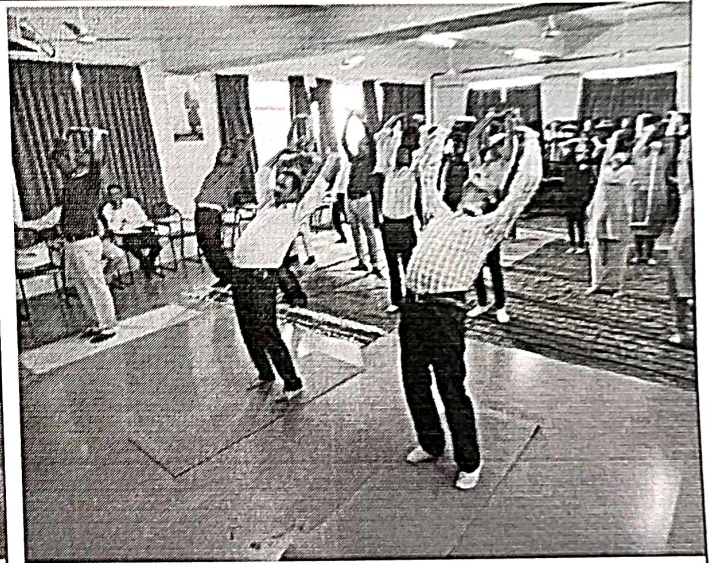
Yoga by Akshay Somase




Yoga Performers with Faculty Members

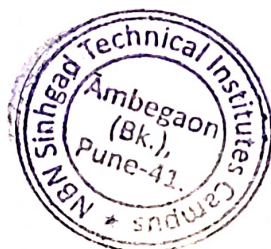



Event Highlights



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Prof. Y. P. Gawale  
NSS Programme Officer



  
Dr. Y. P. Reddy  
Director, NBNSTIC